

Luke 4:1-13 – Saying ‘No’ to temptation

Saying no to food temptations

Lk 3.21-Jesus the Son of God & 2nd Adam – in the wilderness

1. Provision– v2-4

Jesus is hungry – no food in 40 days

Tempted by ‘the prince/ ruler of this world’ (Jn 12.31)

Adam and Eve failed. Israel failed

What physical desires do we need to say ‘no’ to?

Jesus responds with the word of God - Deut 8.3

He trusts God’s good provision – *will we?*

2. Power – v5-8

Will Jesus seek power/ rule now?

Not some battle between gods.(1 Tim 6.15f)

U2 song Vertigo – seeking power, prestige pleasures

Will Jesus seek worldly power now,

and the crown without the cross?

Deut 6.13

Jesus does not compromise and lust for power.

3. Protection – v9-13

Jesus could call on angels – Mt 26.53

Devil quotes Ps 91 – misapplied

Jesus quotes Deut 6.16

How do we put God to the test or give ultimatums?

4. Our Personal Temptations

Temptation isn’t sin - James 1

Respond How? – *Say ‘No’, quote Scripture, reinforce*

Eph 6 – shield of faith and sword of Spirit

Pray – Lk 22.40

Come to Christ – our champion (Heb 4.15) – Trust him!