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Recap - maturity and fullness and freedom in Christ

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Food laws, festivals and Sabbaths (Lev 11; 23; Num 10.10)

But O.T. ceremonial law not required for us (Matt 7.20; Heb 4; Rom 14)

Asceticism eg Martin Luther All shadows compared to Christ the substance

Worship of/ like angels & visions (spiritual experiences) Beware: New Age Christ Consciousness

No Fear of Missing Out (FOMO) needed

 You have life in Christ, so seek things above (3.1-4) Context 2.12-13 New life in Christ, who is raised and in heaven

Don't seek first the things of this world

Christ is coming back - remember what is true and matters Eg John Chrysostom "My life is hid with Christ on high"

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