**Psalm 95 – Worship the Lord**

What is worship?

1. Worship God with loud praise for he is great – v1-5

Ps 47; Ps 63

Why?

Col 1.16

1. Worship God with body and heart, for he cares – v6-7

Matt 15.8-9

Worship is…

What we do with our bodies matters

Phil 2.10; Rev 4-5, Rom 12.1

Sam Allberry, *What God has to say about our bodies*

Why?

Our relationship with God gives us our identity

1. Worship God with your trust, for he saves and judges – v7-11

Exod 17.1-7; Numbers 14.1-23

Jesus our Shepherd saves us - John 10.14-16

We get rest through him - Hebrews 3.7-4.11

An example of joyful singing from the heart

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