## Matt 12.1-21

How you feel about church online? Background - Matt 11.28-30 – Jesus gives us rest Sabbath day rest Gen 2.2-3; Ex 20.8-11; Deut 5.12-15

## 1. Jesus is Lord of Sabbath 12.1-8

The disciples didn't break the Old Test. Law but the oral tradition 2 examples of other not guilty people 1 Sam 21; Lev 24.3-9;

Num 28.9-10; Dan 7.14

God desires mercy (kindness) not sacrifice (Hos 6.6)

**2. Do good like him** 12.9-14

The Sabbath/ day of rest for Christians Rom 14.5-6

What good could you do in lockdown:

out of lockdown:

The motivation – Jesus promises us heavenly rest – Heb 3.11,18-19; 4.1-11

3. Put your hope in him Matt 12.15-21; Isaiah 42.1-4

Jesus is the chosen Servant who brings justice

He won't break the bruised

Put your hope/ confidence in him