



Roadmap to Forgiveness

Offender → Offence ← Offended Minor
Major

Emotional response

- Righteous anger
- Disorders (PTSD, Depression, Anxiety)
- Resentment anger

Acceptance

- Surrender to God's righteous judgement and mercy
- Forbearance
- Endurance
- Disconnection
- Open to the idea of forgiveness

Open to the idea of forgiveness

Rebuke →
← Regret/Remorse (heart)
← Repent (head)
Release →

Forgiveness

Resolution of Issue
(not forgotten, not remembered)

↓
Non-restoration of relationship

↓
Reconciliation

↓
Restoration

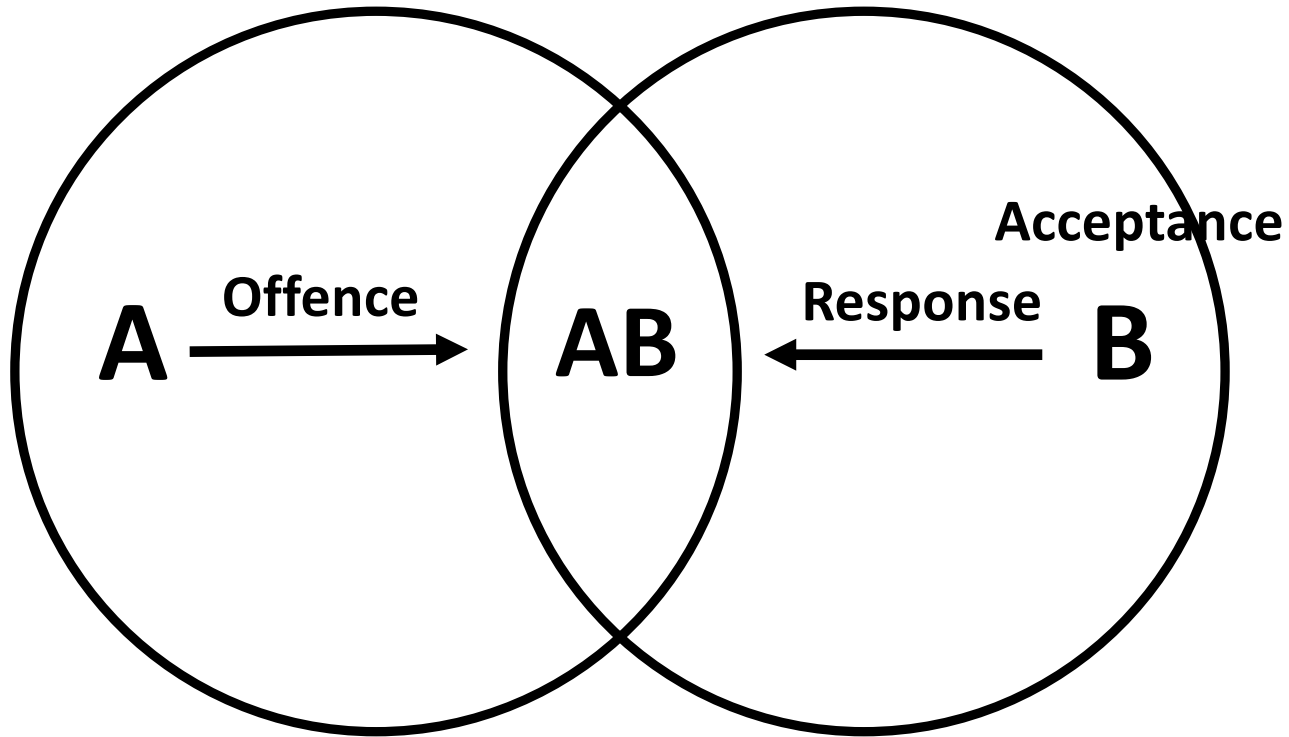
↓
New relationship based on growing trust

Forgiveness is based in a mutual relationship.

The four steps are:

1. The Offended **REBUKEs** the Offender
2. The Offender expresses **REMORSE**
3. The Offender shows **REPENTANCE**
4. The Offended **RELEASES** the Offender from the offence

FORGIVENESS is now accomplished



Roadblocks to Forgiveness

Offender →

Offence ←

Offended

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